



MOLLY FEELS LONELY, SO SHE SUMMONS A MONSTER TO BE HER FRIEND.

NIGHTMARE IS A MONSTER, SO HE DOESN'T KNOW HOW TO BE A FRIEND.

BUT TOGETHER, THEY FORM A FRIENDSHIP THAT WILL LAST FOREVER.

ABOUT THE BOOK

Molly's not like other girls...she wants a monster under her bed! She's lonely at school, so she decides to bring a friend. A big friend. A big, scary friend. She summons a monster called Nightmare, who tries his hardest to scare her—but he just can't! Nightmare doesn't understand why Molly is not frightened of him... but soon Molly and Nightmare become great friends, and go on many adventures together. And he promises to protect her from the things that do scare her, like loneliness and snapping turtles. Molly & Nightmare is the story of a girl who turns an imaginary monster into a real friend...and of a monster who learns that he's more than a menace under a bed.

USE THESE ACTIVITIES TO EXPLORE HOW WE SHOW FRIENDSHIP, HOW WORDS/LABELS IMPACT OUR SENSE OF SELF, AND HOW WE CAN MAKE EACH OTHER BETTER.

Activity 1: Make a friendship monster! Encourage kids to be creative as they draw or color their own monster. Give that monster a name with a personalized name-tag.

Activity 2: Make a Molly & Nightmare adventure box! Think back to activities that Molly & Nightmare enjoyed doing together. Draw those memories on your box (for example, you could draw stars, books, or a snowman).

Activity 3: Draw or write a favorite activity from Molly & Nightmare that you would enjoy doing with a friend.

USE THESE ACTIVITIES TO EXPLORE HOW WE EXPERIENCE AND SHOW GRIEF, HOW MEMORIES BUILD A LIFETIME OF LOVE, AND HOW SHARING OUR GRIEF IN GENTLE WAYS CAN HELP SOMEONE ELSE.

Activity 1: Make an emotion monster. Encourage kids to be creative as they draw or color their own monster. Give that monster a name that matches the emotion. How might that name change over time?

Activity 2: Make a Molly & Nightmare memory box. Think back to activities that Molly & Nightmare enjoyed doing together. Draw those memories on your box (for example, you could draw stars, books, or a snowman). What are some positive words you could use to describe those memories?

Activity 3: Draw or write ways Nightmare might share his memories of Molly with his new friend, Parker.

COMPLETE THE SENTENCES IN YOUR OWN WORDS:

1. My favorite way to be a friend is

-----.

2. Three words to describe a friend

-----.

3. If someone is sad, I could help by

-----.

4. If someone is grieving, I could offer

-----.

5. I can remember and honor someone I love by -----.



ABOUT THE AUTHOR & ILLUSTRATOR

Shannon Avra is an anthropologist, a writer, and a seeker of adventure and kindness. She lives in Arkansas with her husband and daughter. This is Shannon's first picture book.

David Spencer is an illustrator and designer. In his spare time he gets overexcited at movies with big robots, and he loves drawing monsters, guys in capes, and other silly things. He has an undying affinity for anything that lets him be loud in social settings. When he isn't drawing fun stuff, he can be found helping his kids get into adventure wherever it may rear its head.

PRODUCT DETAILS

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